

Health – Kindergarten
Hartley-Melvin-Sanborn CSD
Grade Level/Course Benchmarks

Standard 1

- K.1 Demonstrate appropriate care and respect of their bodies.
- K.2 Demonstrate effective communication skills to appropriately share feelings and respond in social situations.

Standard 2

- K.3 Learn and practice safety procedures (fire, bus, pedestrian, and classroom safety).
- K.4 Know ways to seek assistance in case of an emergency or other situations (i.e. being approached by a stranger).

Standard 3

- K.5 Develop an awareness of good nutrition (including an awareness of the food pyramid).

Standard 5

- K.6 Understand the difference between helpful and harmful substances.