

Health – grade 3
Hartley-Melvin-Sanborn CSD
Grade Level/Course Benchmarks

Standard 1

- 3.1 Understands the influence that rest, diet, and exercise have on a person's well-being.
- 3.2 Identify the functions of the five sense organs and the importance of proper care.
- 3.3 Identify different health services (e.g. public health nurse, dental hygienist, and eye doctor)

Standard 2

- 3.4 Demonstrate precautions that should be taken in special conditions, including Halloween, being approached by strangers, fire and bike safety.