

**HMS Counseling and Guidance Standards and Benchmarks  
From National Standards of ASCA**

Domain	ASCA National Standards	ASCA Benchmarks
ACADEMIC	<b>Standard A:</b> Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.	A:A1 - Improve academic self-concept. A:A2 - Acquire skills for improving learning. A:A3 - Achieve school success
	<b>Standard B:</b> Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options including college.	A:B1 - Improve learning. A:B2 - Plan to achieve goals.
	<b>Standard C:</b> Students will understand the relationship of academics to the world of work and to life at home and in the community.	A:C1 - Relate school to life experiences.
CAREER	<b>Standard A:</b> Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.	C:A1 - Develop career awareness. C:A2 - Develop employment readiness.
	<b>Standard B:</b> Students will employ strategies to achieve future career goals with success and satisfaction.	C:B1 - Acquire career information. C:B2 - Identify career goals.
	<b>Standard C:</b> Students will understand the relationship between personal qualities, education, training and the world of work.	C:C1 - Acquire knowledge to achieve career goals. C:C2 - Apply skills to achieve career goals.
PERSONAL/SOCIAL	<b>Standard A:</b> Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.	PS:A1 - Acquire self-knowledge. PS:A2 - Acquire interpersonal skills.
	<b>Standard B:</b> Students will make decisions, set goals and take necessary action to achieve goals.	PS:B1 - Self-knowledge application.
	<b>Standard C:</b> Students will understand safety and survival skills.	PS:C1 - Acquire personal safety skills.